



Meals on Wheels Newsletter

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Debbie Hoagland, Coordinator
707 Alexander Road, Suite 101
Princeton, NJ 08540
609-951-2120
hoaglandd@njredcross.org



Dear volunteers,

I hope you all are enjoying your summer and are taking time from your busy lives to relax. Speaking of that, I will be taking some time off to be with my family this month. I will not be in the office from August 9th through August 16th. Please make every effort to find a substitute if you are unable to volunteer on your scheduled day. Should you have any problems while I am away, please do not hesitate to contact Rose Berger at 951-2121.

I would like to thank all of you who have filled in at the last minute to help out a fellow volunteer. You all are such a huge source of support, not only to our clients, but to each other as well. Thanks for all you do for everyone!

Warmly, Debbie



Know the Difference!

Severe Thunderstorm Watch—Severe thunderstorms are possible in and near the watch area. Stay informed and be ready to act if a severe thunderstorm warning is issued.

Severe Thunderstorm Warning—Severe weather has been reported by spotters or indicated by radar. Warnings indicate imminent danger to life and property.

Every year people are killed or seriously injured by severe thunderstorms despite advance warning. While some did not hear the warning, others heard the warning and did not pay attention to it. The information in this section, combined with timely watches and warnings about severe weather, may help save lives.

Excessive Heat Watch—Conditions are favorable for an excessive heat event to meet or exceed local Excessive Heat Warning criteria in the next 24 to 72 hours.

Excessive Heat Warning—Heat Index values are forecast to meet or exceed locally defined warning criteria for at least 2 days (daytime highs=105-110° Fahrenheit).

Heat Advisory—Heat Index values are forecast to meet locally defined advisory criteria for 1 to 2 days (daytime highs = 100-105° Fahrenheit).

Reminder!

In observance of Labor Day we **will not be delivering meals on Monday, September 6th**. I hope you all enjoy your holiday festivities with family and friends and as always, thank you for volunteering!

Due to all of your **hard work and dedication** here are our meal totals for June:

Hightstown	576
Princeton	640
Therapeutic	41
ARRA	376

For a grand total of **1,633** meals served!

